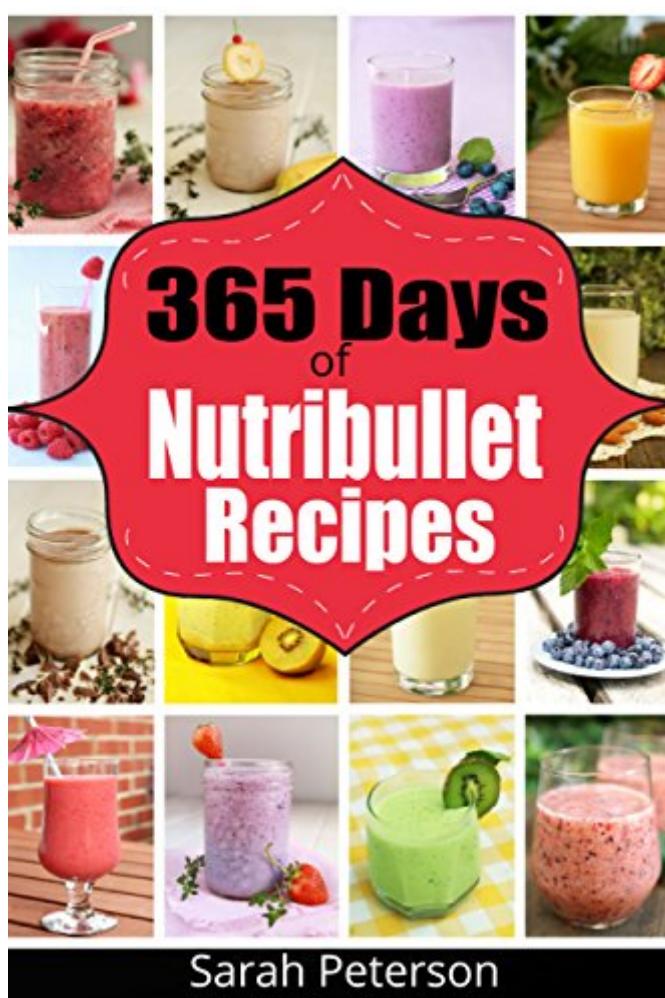


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# **Nutribullet Recipes: 365 Days Of Smoothie Recipes For Rapid Weight Loss, Detox & Burning Fat: Smoothie Recipes For Weight-Loss, Detox, Anti-Aging & So ... Loss Drinks, Anti-Aging, Juicing Recipes)**





## Synopsis

DISCOVER 365 DAYS OF AMAZINGLY DELICIOUS, FAST & EASY NUTRIBULLET RECIPES\*\*\*Read this book for FREE on Kindle Unlimited - Download Now!\*\*\* \*\*DOWNLOAD TODAY AND RECEIVE A FREE BONUS!\*\*If you want to prepare quick, easy and delicious smoothies, shakes, soups and more then this recipe book is for you.... THIS RECIPE BOOK was created for people like you who are BUSY but still want to eat healthy. When it comes to getting your daily dose of fruits and vegetables, it seems that there is just not enough time in the day to make sure that you have consumed the amount that is necessary. One of the best solutions to this problem is juicing with the Nutribullet.Using this book, you will come across a variety of different juice blends that work to combine fruits, vegetables, and other ingredients so you can truly get the most out of what you put into your body. Various combinations of ingredients, as you will notice, work to ward off illness and keep your energy up, while other combinations might help treat stubborn acne or improve your complexion. Whatever the area you are targeting - whether it be internal or external - there is surely a Nutribullet recipe in here that will work for you. These recipes are delicious, easy to concoct, and will leave you feeling completely refreshed and energized. Download Now for Instant Reading by Scrolling Up and Clicking the Buy ButtonTags: Nutribullet Book, nutribullet rx, nutribullet superfood, nutribullet soup, nutribullet smoothies, Nutribullet for Beginners, Smoothies For Weight Loss, Green Smoothie Recipes, Fruit Smoothie Recipes

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## Customer Reviews

I downloaded this book because I have several friends that have become obsessed with their NutriBullet so much so that I have taken to referring to them as "NutriBullet-ninjas" and they are always telling me how healthy making your own juice smoothies is for the body. Whether you are working out trying to have a balanced diet on the go or trying to lose weight so I thought I would do a little research and see if I can find a recipe book that would give me an idea for a smoothie or juice plan to drink that they had not tried before, so I could show off my NutriBullet-ninja skills. The next time we got together for a brunch or a game of basketball or a hike. Anything that would need a nutritious juice drink or smoothie to accompany us. Sure enough, this book delivered exactly that is chock full of delicious and nutritious smoothie and juice recipes that are good for everything from weight loss to breakfast or replenishing the vitamins and minerals lost during a workout or strenuous activity such as hiking or basketball. My personal favorite recipe so far, happens to be a tie between the green tea and veggie smoothie and pineapple avocado and watercress smoothie simply because I did not think that these particular ingredients in combination (into distinct drink recipes. Of course) could be as delicious as they are. So if you are looking for some healthy yet delicious smoothie and juice recipes, then I suggest you give this book a try. You will not be disappointed. Your body and the NutriBullet-ninjas in your life will thank you so will your taste buds. This book is written in plain, easy to understand language that does not require a culinary degree to decipher and for the price point. I am very pleased with my purchase.

I'm definitely a Nutribullet fan and this book is a must have for those who value time and nutrition. Bottom line is hard to come up with several "Tasty" recipes ideas on your own with the Nutribullet. You can't beat the cost of the book either. Personally and currently I'm into the weight loss recipes and one of my favorites is the Nutribullet's Waistline Reducer Smoothie using the Chia seeds. This recipe's book seems to contain so many tasty recipes using just a few low cost ingredients that I've never think before. I'd definitely recommend having a book like this in the kitchen or in the

cellphone.Dennis Ruiz

Buying the Nutribullet has helped me a lot in my quest for a healthy lifestyle. It is basically not just losing weight and being in shape but more of keeping a healthy body. Now, with the Nutribullet recipe, I did not only discover being healthy but also being healthy while enjoying different tastes that are very pleasing to my palate. Even the kids love the smoothies not realizing that some ingredients are veggies. With the numerous recipes, I can have new good tasting juices and smoothies everyday. And what's great is this book gave me ideas on what to make in 365 days, that's for a whole year which I can also continue making for the next coming years. Good book with great recipes. This recipe book would be perfect for anyone who would like to make good use of their NutriBullet and who are opting to start living a healthy lifestyle.

I purchased the book version (not downloaded) and discovered immediately that this was never meant to be a real book. Its introduction begins, "I want to start by thanking you for downloading the book . . ." It doesn't go much farther than that, as far as its recipes are concerned. It touts the benefits of the NutriBullet appliance and then lists numerous recipes in no particular order. I mean, not organized in any logical way, not grouped into chapters by the intended health benefit (detox, weight loss, energy boost), not alphabetical, not by primary ingredients. There is no narrative whatsoever. Perhaps the electronic version allows you to search in some manner. I'd find it helpful, for example, to be able to search for all the recipes with blueberries or all the recipes with chia or turmeric so I can work with the ingredients I have, but the book doesn't have an index in the back where one can search by ingredient as most cook books do. In short, this is a pretty useless product unless your goal is to just start with the first recipe and work your way through, buying ingredients randomly. That's not me. I will be returning it.

I like book have used several in it but am disappointed it is not divided by category as to what the resipes best serve such as detox, weightloss, and so forth

Very good smoothies recipe's, I have really loved the one's I've made so far.

This book is a great book on how you can enjoy more nutrients in your body systems over a stretched period of 365 days. The insights are straight forward and applicable to everyone who chooses to gain more nutrients through fruits and vegetables. I recommend this book to anyone. Its

a book you will love to read and practice. Each phase is broken down into small steps for conveniences. Its a good program worked out around 365 days and its worthy of a trial. Its a surefire that calls for recommendations on every side. Check it out for a proof.

Smoothies are all my all time favorite coolers most particularly now we are still experiencing a kind of warm weather. What is amazing about the recipes, they all look delectable and at the same time really healthy. I thought mixing veggies and fruits would taste disgusting but this book taught me the right combinations to achieve yummy flavors.

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